## **Elementary Breakfast & Lunch**

Each Child May Select: 1 Entree per meal, Seasonal Fruits & Veggies, Milk

Breakfast: Daily Entree, Breakfast Bun, or Cereal Variety, with Fruit and Milk

Lunch: Choice of Entree with Fruit, Veggies, and Milk, Plus a Snack

December 20	JZI	* May contain pork ^ Meatless	option (WGR) Whole grains-rich	
Monday	Tuesday	Wednesday	Thursday	Friday
View nutrition information, menus & more at schooldaycafe.org Get our mobile app <b>"Web Menus"</b> Follow Us!		1 Cocoa Puffs Bread (WGR) Cereal (WGR) Animal Crackers (WGR) Fruit & Yogurt Parfait^ (WGR) PBJ Sandwich^ (WGR) SunWise Strawberry Sandwich^ (WGR) String Cheese^	2 Breakfast Bun (WGR) Cereal (WGR) Belly Bear Cracker, Cinnamon (WGR) Turkey Taco (WGR) Chicken Tenders (WGR)	3 Manager's Choice* Cereal (WGR) Animal Crackers (WGR) Manager's Choice* Macaroni & Cheese^ (WGR) Cheesy Bean Burrito^ (WGR) Frozen Strawberry Cup
School Day Cafe	© @schooldaycafe			
6 Breakfast Bun (WGR) Cereal (WGR) Animal Crackers (WGR) Hamburger (WGR) Oven Roasted Fries Southwest Pull-Aparts^ (WGR) Chocolate Chip Cookie (WGR)	7 Cinnamon Toast Crunch Bread (WGR) Cereal (WGR) Belly Bear Cracker, Honey (WGR) 	8 Banana Chocolate Benefit Bar (WGR) Cereal (WGR) Animal Crackers (WGR) Chicken Caesar Salad Savory Bites (WGR) Cheese & Green Chile Quesadilla^ (WGR)	9 Breakfast Bun (WGR) Cereal (WGR) Belly Bear Cracker, Cinnamon (WGR) Chicken Taco (WGR) Corn Dog, Chicken (WGR)	10 Manager's Choice* Cereal (WGR) Animal Crackers (WGR)   Manager's Choice* Toasty Grilled Cheese Sandwich^ (WGR) Chicken Nuggets (WGR)   17 Manager's Choice* Cereal (WGR)
Cereal (WGR) Animal Crackers (WGR) BBQ Pulled Pork Sandwich* (WGR) Potato Emojis Beef & Cheese Taco Stick (WGR) Chocolate Chip Cookie (WGR)	Belly Bear Cracker, Honey (WGR) Cheese Pizza^ (WGR) Pepperoni Pizza* (WGR) Cheesy Bean Burrito^ (WGR) HOTM - Apples	Cereal (WGR) Animal Crackers (WGR) Fruit & Yogurt Parfait^ (WGR) Italian Cheesy Pull-Aparts^ (WGR)	Belly Bear Cracker, Cinnamon (WGR) Orange Chicken w/ Rice (WGR) Mini Corn Dogs, Chicken (WGR) Sidekicks Fruit Smoothie	Animal Crackers (WGR) Manager's Choice* Cheesy Garlic Toast^ (WGR)
20		22 Ippy Holida Vinter Brec	<sup>23</sup> Ays +	24
27	28	29	30	31

School Day Cafe

USDA extended meal waivers to enable School Day Cafe to serve breakfast and lunch at **NO cost to all children 18 years and younger** through June 2022.

\*All menu items are subject to change according to availability.



Harvest of the Month (HOTM) provides students with opportunities to explore, taste and learn about the importance of eating fruits and vegetables. This month we are featuring APPLES!



Did you know that eating a variety of colorful fruits and vegetables throughout the day will help you meet the recommended daily values of nutrients that your body needs to be healthy. Try the apples served at your school's School Day Cafe every Tuesday this month.

A Joint Partnership of Castaic, Newhall, Saugus, and Sulphur Springs school districts. This institution is an equal opportunity provider.

## December 2021